

# Power Plate Training Sessions

(Effective 06-08-09)

Please Print (You must fill out form completely or processing will be delayed)

Family Last Name \_\_\_\_\_  
 Address \_\_\_\_\_  
 City \_\_\_\_\_  
 E-Mail \_\_\_\_\_

Home Phone \_\_\_\_\_  
 Work Phone \_\_\_\_\_  
 Zip Code \_\_\_\_\_

Complete One Line Only

Circle Correct Fee Below

Session Type	Registrant's First Name	Gender	DOB MM/DD/YY	Member Fee	Non-Member Fee
<b>First Session Free</b>				<b>\$0</b>	<b>\$0</b>
<b>1 Session</b>				<b>\$40</b>	<b>\$45</b>
<b>10 Sessions</b>				<b>\$350</b>	<b>\$400</b>
<b>Semi-Private</b>					
<b>1 Sessions</b>				<b>\$30</b>	<b>\$35</b>
<b>10 Sessions</b>				<b>\$250</b>	<b>\$300</b>

Credit

Cash

Check

MasterCard \_\_\_\_\_ Visa \_\_\_\_\_  
 Card # \_\_\_\_\_  
 Expiration Date \_\_\_\_\_  
 Total Payment \$ \_\_\_\_\_  
 Signature \_\_\_\_\_

**Amount Received**  
 \$ \_\_\_\_\_

**Make Check Payable To: Lake Bluff Park District**

## Waiver Agreement

The undersigned guest agrees to abide by the rules of the Club. The guest agrees that all use of the Club's facilities, services and programs shall be undertaken at his (her) sole risk and the Club shall not be liable for any injuries, accidents or death occurring to guest, arising either directly or indirectly out of utilizing the Club's facilities, services and programs. The guest, for himself (herself) and on behalf of his (her) executors, administrators, heirs and assigns, does hereby expressly release, discharge, waive, relinquish, and covenants not to sue the Club, its officers and agents for all such claims, demands, injuries, damages or cause of action, with respect to use of the Club's facilities, programs and services.

The undersigned guest declares that they have completed the above information as required by the Club and that they declare they are physically able to participate in physical activity. Furthermore, **guest declare that the Club has advised guest to obtain a medical clearance if they are unsure of their physical health and that the guest maintains that he (she) is physically capable of pursuing physical activity in the Club without such steps being taken or has done so.**

Guest signature \_\_\_\_\_  
 (If under the age of 18, parent or guardian must sign)

Parent/Guardian signature \_\_\_\_\_

Date \_\_\_\_\_